RECOGNISING FEAR & STRESS

- Trembling or shaking
- Low body posture, crouching or covering
- Ears back
- Wide eyes
- Head held low
- Lips drawn back
- Leaning/shifting, weight away
- Squinting/blinking, looking away/avoiding eye contact
- Paw lift
- Yawning
- Whites of eyes showing, "sideways look"
- Moving away or hiding
- Lip licking
- Tail low or tucked under
- Excessive grooming
- Frantic looking around/scanning
- Frantic sniffing
- Refusing or snatching, food
- Tension in face "worry lines"
- Pacing/restless
- Furrowed brow
- Sudorific or excessive hair shedding
- Upright posture, square shoulders
- Tense/still posture, shoulders
- Hackles raised
- Lips pursed forward
- Forward leaning posture
- Barking, growling, snapping
- Showing belly
- Slow movement, lack of movement
- Lack of behaviour, "shut down"

Created by Rachel Cartwright, BSc (Hons), MSc for Forever Hounds Trust, © 2017
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